

DENTAL HEALTH CHECKUP & AWARENESS CAMP

Oral Health checkup & Awareness program was organized by LHMC, Department of Dental & Oral Surgery, as a part of "Theme Based Health Talks on 27th September, 2018 in the Resource Center of (Dte.GHS) Directorate of health service.

On this occasion, thorough Dental & Oral Health Checkup and Screening of Oral Cancer & Oral potentially Malignant disorder was carried out for the officers & staff of Dte. GHS & MoH & FW.

Under the Guidance of Dr. P. Mehra Prof. and Head of Department of Dental and Oral Surgery LHMC, following doctors participated in the Campaign.

1. Dr. Rakesh Sharma Associate Professor
2. Dr. Sumedha SR
3. Dr. Navraj Mattu SR
4. Dr. Kalyani Bajaj JR

Dr. Tanu Jain, ADG, Dte.GHS and Nodal officer for Awareness program co-ordinated along with Dr. Promila Gupta Principal Consultant Dte. GHS anchored the session and welcomed the participants & Doctors.

80-90 Officers and staff of MoH&FW and Dte. GHS participated in the event

During examination following parts of the oral cavity were thoroughly examined

- The Lips
- The Tongue.
- The Gingiva
- The Buccal mucosa.
- The Floor of the mouth under the tongue.
- The Hard palate.
- The Retro molar trigone.

The examination included looking for lesions, such as leukoplakia (white patch) and erythroplakia (red patch) and oral sub mucous fibrosis.

Cases were evaluated for the presence of following risk factors:

Using tobacco products (includes cigarettes, cigars, pipes, and smokeless and chewing tobacco).

- Heavy alcohol use.
- Chewing betel nuts.
- Being infected with a certain type of Human Papilloma virus (HPV).
- Being exposed to sunlight (lip cancer).

The harmful (carcinogenic) effects of above mentioned habits were explained to the participants in layman's language orally so as to make them understand easily. The positive cases were counseled to visit LHMC for further management including Tobacco Cessation

Doctors who participated were felicitated by Dr. S. Venkantesh, Director General of Health Sciences. The Dental & Oral Health checkup campaign was appreciated by one & all was concluded successful.











