

## FOUNDATION COURSE SCHEDULE FOR AUGUST 2019 : MBBS BATCH 2019-20

<b>WK 1 DAY</b>	<b>9-10</b>	<b>10-11</b>	<b>11-12</b>	<b>12-1</b>	<b>2-3</b>	<b>3-4</b>
DAY 1 01/08/2019 Thursday	REGISTRATION: S J Auditorium	Welcome address by Director Brief introduction of history of LHMC by Dr Shashi Raheja Address by Academic Registrar: Overview of MBBS programme Address by Warden, Address by Dr Sujata Gautam Address by President of LHMC ALUMNI Association Dr Usha Saha			White Coat Ceremony  Interaction of students and parents with the faculty	
DAY 2 02/08/2019 Friday	Orientation to First Year Subjects PHYSIOLOGY		Interaction with Faculty & staff of Physiology: <ul style="list-style-type: none"> <li>• Approach to Physiology as a subject</li> <li>• How to study Physiology</li> </ul>		Visit to Deptt of Physiology in small groups	
DAY 3 03/08/2019 Saturday	Orientation to First Year Subjects COMMUNITY MEDICINE		Interaction with Faculty of Community Medicine		AETCOM/Sports/Interaction with Sports Committee	
DAY 4 05/08/2019 Monday	Orientation to First Year Subjects ANATOMY		Interaction with Faculty & staff of Anatomy : <ul style="list-style-type: none"> <li>• Approach to Anatomy as a subject</li> <li>• How to study Anatomy</li> </ul>		Visit to Deptt of Anatomy in small groups	
DAY 5 06/08/2019 Tuesday	Orientation to First Year Subjects BIOCHEMISTRY		Interaction with Faculty & staff of Biochemistry: <ul style="list-style-type: none"> <li>• Approach to Biochemistry as a subject</li> <li>• How to study Biochemistry</li> </ul>		Visit to Deptt of Biochemistry in small groups	
DAY 6 07/08/2019 Wednesday	History of Medicine with reference to the evolution of medical knowledge. Dr A Gurtoo & team		Visit to Hospital Group 1-6 ( 2 each with Anat, Physio and Biochem)		Visit to Hospital Group 1-6 (2 each with Anat, Physio and Biochem)	

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<b>Week 2</b>	<b>8-9 AM</b>	<b>9-11</b>	<b>11- 1</b>	<b>2-4</b>
DAY 7 08/08/2019 Thursday	Library skills and orientation (group 1)/Sports 2,3,4,5,6	<b>FOUNDATIONS OF COMMUNICATION I:</b> Basic model and Process Dr A Gurtoo & team	Principles of First Aid 1 (Dr Gyan Saurabh & team)	Principles of First Aid : DOAP in small groups (Dr Gyan Saurabh & team)
DAY 8 09/08/2019 Friday	Library skills and orientation(Group 2)/Sports1,3,4,5,6	Communicating with Adolescents Dr Harish Pemde	Group Discussion: <b>What does it mean to be a doctor to you?</b> Small group interactions (6 groups, 2 each for Anat, Physio, Biochem)	Learning Language Skills in Hindi/English (through Peer Mentorship or language instructor)
DAY 9 10/08/2019 Saturday	Library skills and orientation (Group 3)/Sports1,2,4,5,6	Health care system in India (Dr S K Rasania & Team) Health care system and its delivery National health priorities and policies	Visit to Community Health Centre (Batch 1) (Dr S K Rasania & Team)	<b>Creativity Pods</b> Photography, Dance, Music, Nature & trekking, Bird watching, Movie screening, Painting. Cooking, Debating, Dramatics Dr Pramod Kohli & team
12/08/2019 Monday	<b>HOLIDAY</b>			
DAY 10 13/08/2019 Tuesday	Library skills and orientation (Group 4)/Sports1,2,3,5,6	Health care system : Principles of Primary Health Care Health Promotion and Prevention Universal Health Care (Dr S K Rasania & Team)	Visit to Community Health Centre ( Batch 2) (Dr S K Rasania & Team)	Lifestyle management Dr Mohit Dayal Gupta
DAY 11 14/08/2019 Wednesday	<b>Library skills and orientation</b> (Group 5)/Sports1,2,3,4,6	<b>FOUNDATIONS OF COMMUNICATION II:</b> Use of communication skills in Medicine, Interpersonal communication: peers, teachers, seniors, juniors, Workers, Patients Dr A Gurtoo & team	Visit to Community Health Centre (Batch 3) (Dr S K Rasania & Team)	<b>Group Discussion:</b> Role play; Interaction with Patients Dr A Gurtoo & team

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<b>Week3</b>	<b>8-9 AM</b>	<b>9-11</b>	<b>11- 1</b>	<b>2-4</b>
15/08/2019 Thursday	<b>INDEPENDENCE DAY</b>			
DAY 12 16/08/2019 Friday	Library skills and orientation (Group 6)/Sports1,2,3,4,5	Bio Medical Waste and Biosafety Dr Manoj Jais & team	Visit to Community Health Centre Batch 4 (Dr S K Rasia & Team)	Universal precautions and Immunisation requirements of Healthcare personnel Dr Manoj Jais & team
DAY 13 17/08/2019 Saturday	Becoming Human: Narratives and Reflections from troubled personal lives of medicos Dr LH Ghotekar & team	Film making & Videos as a hobby & a learning tool in Medical Sciences with Dr Debashish Chaudhry (G B Pant Hospital)	Film making & Videos as a hobby & a learning tool in Medical Sciences with Dr Debashish Chaudhry (G B Pant Hospital)	Film making & Videos as a hobby & a learning tool in Medical Sciences with Dr Debashish Chaudhry (G B Pant Hospital)
DAY14 19/08/2019 MONDAY	Computer skills (Three groups, 1 each for Anat, Physio, Biochem)	9-10 am: The Philosophy of Indian Medical systems : by Dr Sarit Chatterjee 10-11am: Alternate health systems: AYUSH,Homeopathy,Ayurveda AYUSH team	Basic Life Support Orientation Dr S K Sinha & Team	BLS practical Demonstration in small groups Dr S K Sinha & Team
DAY15 20/08/2019 TUESDAY	Computer skills (Three groups, 1 each for Anat, Physio, Biochem)	Antibiotic Stewardship Programme Dr Sonal Saxena & team	Learning Language Skills in Hindi/English through Peer Mentorship	BLS practical Demonstration in small groups Dr S K Sinha & Team
DAY 16 21/08/2019 Wednesday	Computer skills (Three groups, 1 each for Anat, Physio, Biochem)	Study Skills and Time Management Dr Ritu Singh & team	Small Group Discussion: Acquiring Learning skills. Dr Ritu Singh & team	<b>Creativity Pods</b> Photography, Dance, Music, Nature & trekking, Bird watching, Movie screening, Painting. Cooking, Debating, Dramatics Dr Pramod Kohli & team

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Week 4	8-9	9-11	11-1	2-4
DAY 17 22/08/2019 Thursday	Sports/Yoga Sports faculty Ms Anita	Patient care : Quality and Safety issues Dr Vikram Datta/DrHarishPemde	Medical Negligence Dr Mukta Rani & team	Cyber security Guidance Delhi Police Rep.
DAY 18 23/08/2019 Friday	Sports/Yoga Sports faculty Ms Anita	Stress Management: Stress in medical profession and coping strategies Dr Ritu Singh & team	Professional attitude and Ethical behavior Dr A Gurtoo & team	Hand Washing Technique and Personal hygiene Team Anatomy
DAY 19 26/08/2019 Monday	Sports Sports faculty Ms Anita	Cadaver as our first Teacher. Respect for Body donors. Handling cadavers Dr Sheetal Joshi & team	Short Group Discussion : organ and Body donation Team Anatomy	Consequences of unethical/unprofessional behavior. Dr Atul Goel/Dr Girish Tyagi/Dr Anupam Prakash MCI code of ethics DMC code of professionalism Becoming a Registered medical Practitioner Common professional violations reported in Delhi
DAY 20 27/08/2019 Tuesday	Yoga	Exciting New Developments in Medicine-Science interface Dr Anju Jain & Team	Group Discussion: What can the student expect a) From the society and nation b) From the institution c) From teachers d) From peers and colleagues e) From patients Deptt of Community Medicine	Mental Health Dr D Kataria & team
DAY 21 28/08/2019 Wednesday	Sports/Yoga Sports faculty Ms Anita	Professionalism attitude and ethical behaviour Concept of professionalism and ethics (Ethical committee)	Communicating with Children  Dr Sharmila Mukherjee	<b>Creativity Pods</b> Photography, Dance, Music, Nature & trekking, Bird watching, Movie screening, Painting. Cooking, Debating, Dramatics Dr Pramod Kohli & team

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<b>Week 5</b>	<b>8-9</b>	<b>9-11</b>	<b>11-1</b>	<b>2-4</b>
DAY 22 29/08/2019 Thursday	Sports/Yoga	Group Dynamics: Building teams and leading teams. Dr Gurtoo & team	Virtues and Values in the life of a doctor Small Group Discussion: Value of integrity honesty and respect during interaction with peers, seniors and faculty other health care workers and patients Dr Atul Goel & team	Group activity: Career pathways and personal growth Deptt of Anat, Physio, Biochem
DAY 23 30/08/2019 Friday		<b>Cultural Interaction with other Professional students</b>		
DAY 24 31/08/2019 Saturday		Feedback from Students  Evaluation committee	Mentor mentee programme  Dr Madhulika Monga and Team	Mentor mentee programme  Dr Madhulika Monga and Team